

THRIVE by EB EMPOWERING BREAKTHROUGH

THRIVE & OVERCOME

A Resilience Program for Teens

Empowering Teens to “THRIVE” in today’s challenging culture!

The Thrive Resilience Program for Teens by Empowering Breakthrough is a revolutionary program designed to promote **Protective Factors**, empowering **Healthy and Proactive Choices & Lifestyles** while reducing involvement in **High Risk Behaviors!**

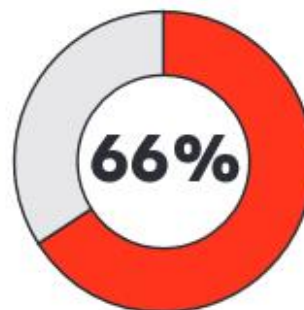
Through this program, teens and families will be equipped to

- Empower greater self-esteem & confidence
- Enhance social emotional skills
- Internalize core values & sense of purpose
- Enhance decision making and problem solving skills that inspire healthy alternatives to high risk behaviors.

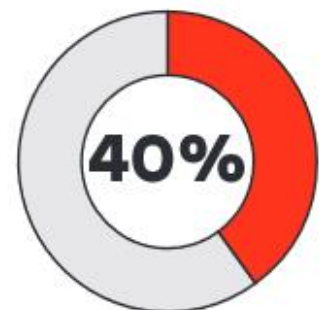
The official “THRIVE” curriculum uses learning objectives tied to Arizona Department of Education and National Health Education Teaching Standards and is facilitated over 9 engaging lessons.



Schools utilizing the Thrive Diversion Program saw



Reduction in substance-related violations



Reduction in vaping and tobacco violations



Trauma informed



Evidence informed

Our program curriculum was developed by professionals with a background in substance abuse, family counseling, law enforcement, and public service.

For additional information & to order the program, visit www.empoweringbreakthrough.com