



PAX Tools™ is a collection of research-based, trauma-informed strategies that help youth to develop the skills of self-regulation with the support of caring adults. **PAX Tools for Human Services** tailors these behavioral strategies for individuals who work with youth across systems of care. Individuals who might utilize PAX Tools for Human Services include:

- ✦ Case Managers
- ✦ Counselors
- ✦ Child Life Specialists
- ✦ Peer Supporters
- ✦ Probation Officers
- ✦ Social Workers
- ✦ Wraparound Facilitators
- ✦ Youth Workers and more

PAX Tools for Human Services provides strategies professionals can integrate into their work with children.

PAX Tools for Human Services provides a unified approach for organizations and professionals across systems of care. This allows youth-serving professionals to improve youth outcomes by incorporating research-based, trauma-informed, strategies into their professional role. PAX Tools are tested and proven strategies that promote reliability and consistency in adults, establish a nurturing environment, improve self-regulation skills, and prevent problematic behaviors.

Children benefit from exposure to trauma-informed, research-based strategies that create predictable expectations across the system of care. This holistic model ensures stakeholders within the systems of care, including caregivers, support children with a consistent approach. Encouraging caregivers to utilize effective, research-based strategies provides an opportunity to extend the nurturing environment to promote the development of self-regulation, prevent problematic behaviors, and reduce the risk of child maltreatment. Integration of PAX Tools strategies across the system of care improves lifetime outcomes for children in care.

The PAX Tools for Human Services Training provides a new and needed application of PAX Tools for professionals who work with youth and families. This one- day training equips Human Service Professionals with the strategies and materials to integrate eleven Evidence-based Kernels in their professional role with both youth and caregivers. PAX Tools solution-focused strategies are easily disseminated through existing relationships between professionals and caregivers within the system of care.

Participants who complete this training will receive the following materials:

- ✦ PAX Tools for Human Services Guidebook
- ✦ PAX Tools for Human Services Toolkit
- ✦ License to disseminate PAX Tools Guidance Documents (in English and Spanish)
- ✦ Access and license to print PAX Tools for Human Services Reproducible Resources

For more information or to schedule for a PAX Tools for Human Services training please contact paxtools@paxis.org.



Programmatic and Strategy Citations for PAX Tools for Human Services:

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